

## **Post Primary Session Plan**

**Length of session:** 60 minutes

- Settling down, introduction, and breaking into small groups (10mins)
- Small group work (35-40mins)
- NICCY priorities (5mins)
- Wrap up (2-3mins)

### **INTRODUCTION (10 mins)**

Introduce facilitators to the young people and explain the purpose of the session.

Introduce the role and office of the Commissioner

Explain and discuss what 'rights' are including a brief overview of the UNCRC provisions.

Explain:

- Young people can change their minds about participating at any stage and are free to leave the session at any point.
- Although information from the session may be used in a report it will be anonymous and will not be traceable back to a particular school or young person.
- If anything is raised which causes concerns about the safety or well being of a young person this cannot be kept confidential and must be passed on the relevant child protection officer.

Check that all instructions have been understood and deal with any queries that have arisen. Make sure that all young people are still happy to participate.

Break into smaller groups each accompanied by a facilitator.

### **SMALLER GROUP SESSION (35-40 MINS)**

#### **Introduction and selection of themes**

Decide with group how they want to record what they are talking about - If the group want to talk ask for a volunteer to help take notes. If they would prefer all members of the group can write their ideas on the flip chart paper.



Using the theme posters explain how the 42 Rights of the UNCRC fall under 8 headings. Explain why the rights are important and deal with any questions.

Explain that there is not time to discuss all 8 headings but ask the group to choose the 2 they would most like to talk about/are most important to them.

### **Discussion of themes**

Using the first theme that has been chosen start the discussion by asking what they think the theme means for them.

Ask the ways in which they think they get this (if any)

Ask the ways in which they don't (if any)

If they do not feel they have this right, ask what they think would need to happen for them to get it.

Repeat this discussion with the second theme the group have chosen.

If you have time, you can discuss other themes.

Let the group set the pace; choose what they want to discuss about.

### **Discussion re Choice of Themes**

Ask the group why they chose those 2 themes and get them to explain their reasons

Finish this part of the session by thanking the group for their participation.

### **NICCY PRIORITIES (5 MINS)**

Hand out the priority sheet and ask the young people to write down the three things that they would most like NICCY to do to improve the lives of all children and young people in Northern Ireland.

### **WRAP UP (2-3 MINS)**



Thank young people for participating in the session and again remind them that all the information they have provided will be going into a report NICCY is writing.

Inform them that copy of this will come to their school/group.

Make sure that any queries or questions from the young people are addressed or tell them that they can speak to you or a teacher after the session if they have any concerns.

Hand out a prize draw slip to each young person and collect them once filled in, at the same time hand out NICCY pencils or rulers and key rings.

Hand out contact info for NICCY if complaints, questions or concerns.

