Appendix 3: Questionnaire for children and young people with AS

Children and Young People with Asperger Syndrome
Tell us about yourself and the support and help you have had

Introduction
NICCY has asked us to find out:

Who has helped you?
What good things have happened to you?
Whether there is anything you would like to change or to be different.

How can you let us know?
You can EITHER fill in a short questionnaire

OR send an e-mail with your views to:
Asperger@contacts.bham.ac.uk

If you want any help or have any questions, you can speak to Helen Beckett. Helen’s phone number is 028 903 16394 and her email address is Helen@niccy.org

Statement of consent
I am happy to give my views to the Birmingham Team and for them to put these in their report to NICCY and to use when they are teaching other people about Asperger syndrome.

Signed: _____________________(child/young person) Date:_______________
SECTION A: INFORMATION ABOUT YOU

Note: If you do not want to answer some of the questions, then you do not need to do so.

1 What is your name? _______________________

2 How old are you now? ________________

3 What is your date of birth? _____________________

4 Are you male or female? Male □
   (tick box)
   Female □

5 In which village, town or city do you live? __________

6 About how many years have you known that you have had Asperger syndrome? ___________ years

7 Who told you that you had Asperger syndrome?
   ________________________________________________

8 If you had to tell another child what Asperger syndrome was, what three things would you tell him about Asperger syndrome?
   i _________________________________________________
   ii _________________________________________________
   iii _________________________________________________

9 What TWO things do you think are hard about having Asperger syndrome?
   i _________________________________________________
   ii _________________________________________________


10 Do you think there are any advantages in having Asperger syndrome?

YES    NO

If YES, what are these?

11 Have you met any other person who has Asperger syndrome?

YES    NO

SECTION B: Life at school/college and home

1 How satisfied are you with the following aspects of your life. Tick a box on each row to show what you think.

<table>
<thead>
<tr>
<th>Aspect of my life</th>
<th>Very satisfied</th>
<th>Quite satisfied</th>
<th>Not very satisfied</th>
<th>Very dissatisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>School</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>My school work</td>
<td></td>
<td></td>
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<tr>
<td>Friendships at school</td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>My homework</td>
<td></td>
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<tr>
<td>My test/exam results</td>
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<tr>
<td>Friendships outside school</td>
<td></td>
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<td></td>
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<tr>
<td>Future plans when I leave school</td>
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</tbody>
</table>

2 How would you like your school to be different?
3  Do you see anyone else/do anything else that helps you, apart from things that happen at school/college?

YES  NO

If YES, give details:
ALL ABOUT ME

Below are some sentences. Finish the sentences to tell us about yourself.

The first sentence is an example of how another young person with Asperger syndrome answered this question to show you what to do. The missing words have been typed in red.

My special interests are trains and computers.

My special interests are: ________________________________.

My best lessons at school are: ________________________________.

My worst experience in school has been when: __________________________________________________________

At school I need help with: ____________________________________________________________.

My best experience at school has been: ____________________________________________________________________________.

My favourite TV programme(s) is: ____________________________________________________________________________.

Some teachers make it difficult for me when they: ____________________________________________________________.

I sometimes annoy other children when: ____________________________________________________________________________.

When I leave this school I plan to: ____________________________________________________________________________.

In the future, I would like to get a job as a: ____________________________________________________________________________.
PEOPLE WHO HAVE HELPED ME
1 Which people have helped you when you have had a problem or a worry? Tick the people below who have helped you and tick whether they have been a lot of help or a little help.

<table>
<thead>
<tr>
<th>People who have helped</th>
<th>A lot</th>
<th>A little</th>
<th>Has not helped me</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>My family</td>
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<tr>
<td>My teacher</td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td>My classroom assistant</td>
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<tr>
<td>My headteacher</td>
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<td>My doctor</td>
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<tr>
<td>My friend</td>
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<td>My psychologist</td>
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<tr>
<td>My speech therapist</td>
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<tr>
<td>Other person</td>
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</tbody>
</table>

2 Is there anyone you think should have helped you – but who did not?

YES/NO

If YES, give details:

________________________________________________________
________________________________________________________
________________________________________________________

3 Do you have any extra help at school/college from a classroom assistant or other adult?

NO

YES, the assistant helps me for ________ hours a week.

The assistant helps me with the following:

________________________________________________________
From your experience of the help YOU have had, which of the following statements do you think the NICCY Review report should say about services and support to children with Asperger syndrome in Northern Ireland?

Tick the correct box to show what you think is true.

<table>
<thead>
<tr>
<th>Statement</th>
<th>Very good</th>
<th>Quite good</th>
<th>Not very good</th>
<th>Don’t know</th>
</tr>
</thead>
<tbody>
<tr>
<td>Services and help for children and young people with Asperger syndrome in Northern Ireland are ......</td>
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<tr>
<td>The support which schools give to children with Asperger syndrome is.....</td>
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<tr>
<td>Doctors, nurses and dentists in Northern Ireland are usually .......... with children with Asperger syndrome.</td>
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<tr>
<td>Voluntary groups for children and young people with Asperger syndrome in Northern Ireland are.........</td>
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<tr>
<td>Most teachers are........... in understanding how to help children with Asperger syndrome.</td>
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<tr>
<td>Most professionals are ..........at asking children and young people with Asperger syndrome what they think about the help they need.</td>
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</tbody>
</table>

The End of the Questions

Is there anything else you want to tell us? YES NO

If YES, please write this below:

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
With many thanks for your views and time, from the staff at NICCY and the Birmingham Team.

_If you would be happy for the Team to contact you to discuss any of the things you have mentioned in this Questionnaire, please give your email and/or telephone number below:_

My email address is: ______________________________________

My telephone number is: ______________________________________

Please return this questionnaire:

by post to:

Dr Glenys Jones, School of Education, University of Birmingham, Edgbaston, Birmingham, B15 2TT

OR

by email to:
Asperger@contacts.bham.ac.uk