

# Children and Young People with mental health problems: Priorities for tackling a growing trend.



**Mairead McCafferty- Chief Executive Officer**

# NICCY's Role

‘To safeguard and promote the rights and best interests of children and young people’.

The Commissioner for Children and Young People (Northern Ireland) Order 2003  
Article 6 (1)

# Child Rights Approach to Health

**Art 6: Survival and development**

**Art 2: Non-discrimination**

**Art 3: Best Interests**

**Art 12: Respect for the views of the child**

**Art 24: Highest attainable standard of health**

# Why prioritise children's mental health?

Between 2014/15 & 2015/16 there was a 115% increase in referrals from primary school age to family support hub due to emotional & behavioural support needs.

Between 2012/13 and 2014/15 rates of self harm recorded in A&E within the 15-19 yr old age group increased by 30%.

Rates of suicide higher in NI compared to other parts the UK:  
For 15 to 19 yr olds this is 4 x higher  
For 10 to 14 yr olds this is 10 x higher.

**CAMHS- 7.8% of Mental Health Budget (national average 10%)**

# Why prioritise children's mental health?

In 2014-15 550 under 16 yr olds & 5500 of 16-19 yr olds were prescribed anti-depressants or anti-anxiety drugs. This represents a year on year increase from 2012.

CAMHS waiting time target for a 1<sup>st</sup> appointment (Tier 3) was missed 130 times in the last year. This represents an increase of 62% from 2015, and an increase of 136% from 2014.

Rates of suicide and self-harm admissions in the most deprived areas of NI are 3-4 times higher than the least deprived areas.

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# Priorities

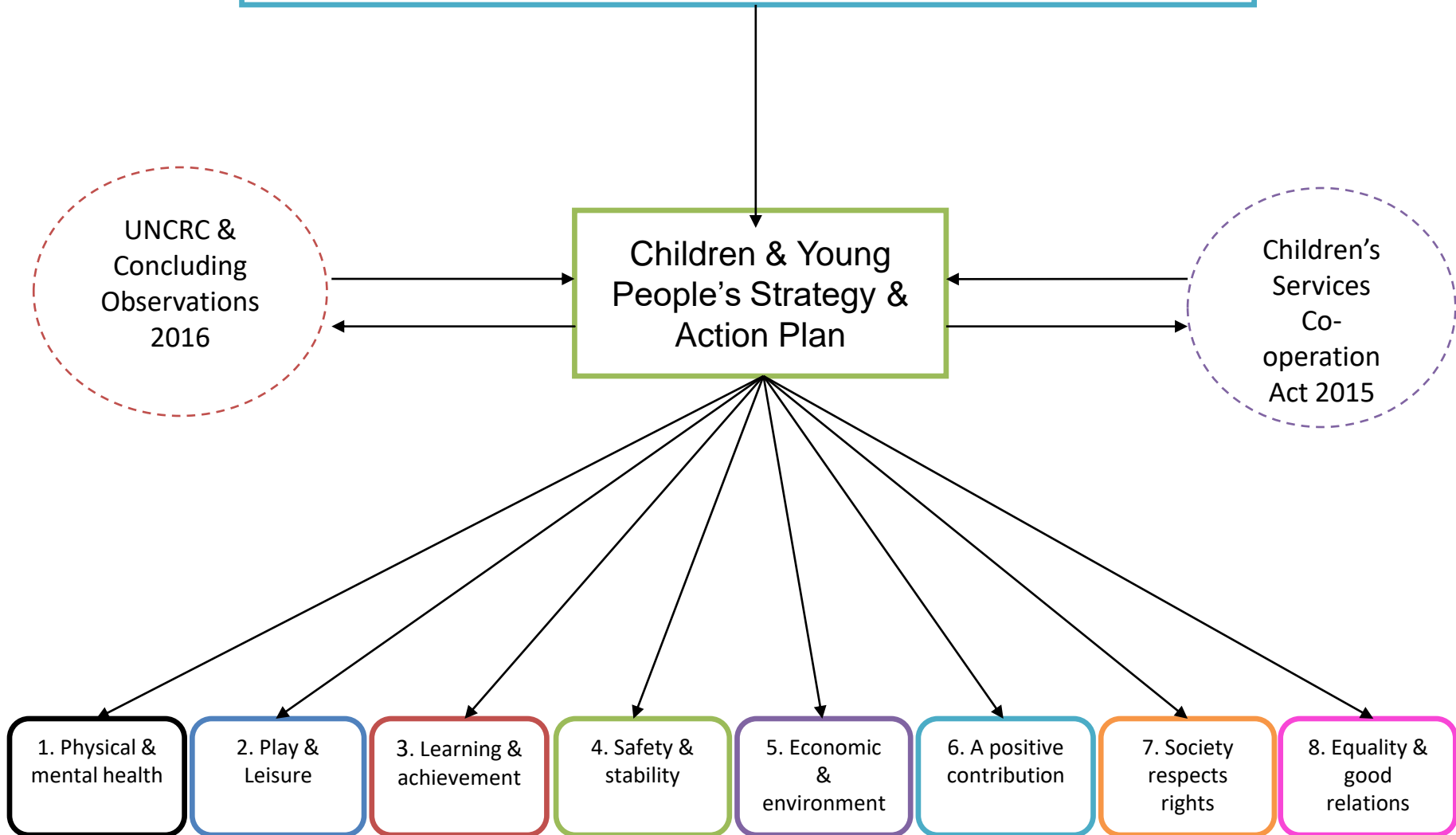
- Investment & Parity:
  - Mapping Need;
  - Measuring Outcomes;
  - Collecting Data and Monitor;
  - Establishing the Cost of Service model.

# Priorities

- **Children's and Young People's Participation**
- **Co-ordination and Integration of Services**

# Opportunities

Programme for Government 2016-21





Thank you for listening.

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